

Recovery

Supporting your healing process

At the end of your treatment, please follow these simple aftercare instructions to maximise the benefits of your surgery:



Do not drink coffee or alcohol and do not smoke cigarettes for two to three days after surgery.



Do not brush or floss the surgical site for one week after surgery. A toothbrush with ultra-soft bristles can typically be used to clean the surrounding teeth.



Treat swelling with moist cold pads.



Further Advice

- Maintain good oral hygiene even if the surgical site itself shouldn't be brushed for one week
- Use antibacterial mouthwash as prescribed by your dentist
- Follow your dentist's advice
- Consult your dentist if you are experiencing any pain
- Schedule follow-up appointments



Notes

- The information provided in this leaflet cannot replace the medical advice of your treating physician

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Patient Information



Surgical Periodontal Treatment

“Hopeless” teeth because of periodontitis? No!

leading regeneration

Geistlich

Causes

Understanding gum disease: key facts

Why gum health matters

Periodontal disease, also known as gum disease, is a chronic bacterial infection that can destroy oral tissue and bone. It is very common but often goes unnoticed.

Stay ahead of the issue

Without treatment, gum disease can lead to tooth loss. Timely therapy and regular check-ups can often prevent serious interventions, such as surgery. However, in advanced periodontal disease, inflammation may induce bone loss, causing teeth to become loose.

Risk factors

Smoking, poor oral health habits, poor nutrition and diabetes can affect gum health. Taking proactive steps can make a big difference.



Healthy tooth and gum tissue

Healthy smile: Gums and teeth in perfect harmony.



Early signs of gum disease (Gingivitis)

First warning: Inflammation and bleeding indicate early gum disease.



Advanced gum disease (Periodontitis)

Critical stage: Severe gum damage with compromised bone structure.

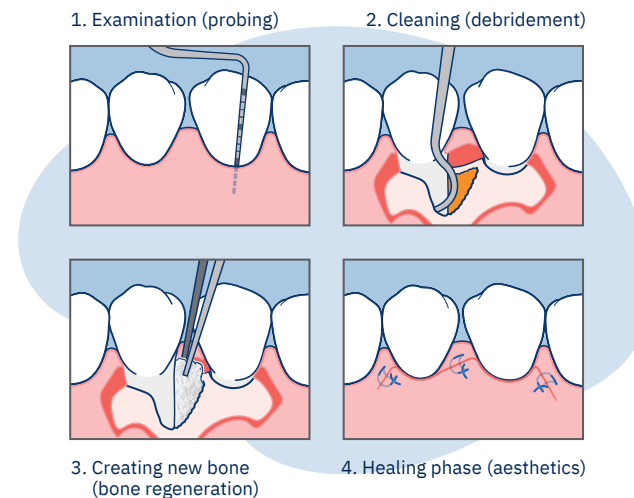
Symptoms

Have you been diagnosed with periodontitis?

Do you suffer from...?

- Red or swollen gums
- Pain or bleeding when brushing or flossing
- Discomfort when chewing
- A persistent bad taste in your mouth
- Loose teeth

When treating advanced periodontal disease, surgery may be required to restore bone around teeth and to stabilise loose teeth.



Biomaterials

How can biomaterials help?

If surgical treatment is needed, dentists can use biomaterials such as bone substitutes to restore the bone around teeth affected by periodontitis. Over time, biomaterials integrate into the body and are gradually replaced by new bone and soft tissue.

Treatment

How does periodontal surgery work?

1. Examination

Your dentist will check your teeth and gums carefully. Additionally, your individual risk factors, like smoking or health issues, will be discussed.

2. Cleaning

Periodontitis treatment begins with deep cleaning of the tooth's root surface to remove deposits and bacteria. In advanced cases, the dentist may make a small incision in the gums to access and clean hard-to-reach areas.

3. Creating new bone

Dentists may use a bone substitute to regenerate missing bone, which results in healthy bone and gum as well as stable teeth. Whether this approach is suitable for you depends on the extent of your bone loss and other factors.

4. Aesthetics

After a successful healing phase, gum graft surgery can improve the look of your teeth and gums.

Results

- Bone reconstruction around the tooth
- Stabilisation of loose teeth
- Gum coverage to prevent bacteria from entering
- Reduced inflammation
- Decreased bleeding